




# Parent Learning Group

Cathays High School (Term 2, 2025)

Enrol on [www.adultlearning.wales](http://www.adultlearning.wales) and [www.adultlearningcardiff.co.uk](http://www.adultlearningcardiff.co.uk)

Mon	Cookery with families @Grange Pavillion 11am to 12pm	Word Processing E3 @Grange Pavillion 12 to 2pm	Roma Dancing @Grange Pavillion 2pm to 3pm	Driving theory @Cathays High School 3.30 to 5.30pm
Tues	Childcare taster E3 @Cathays Library 10 to 12 noon	Improving Confidence E3 @Cathays Library 12 to 2 pm	Word Processing E3 @Cathays Library 2 to 4pm	
Wed	Creative skills @Cathays Library 9 to 11am	Esol for families @ EYST Butetown 11.45 to 12.45pm	Cooking skills @EYST Butetown 1 to 3 pm	
Thurs	ESOL for families @Cathays High School 8.30 to 10.30am	Numeracy skills E3 @Cathays High School 10.45 to 12.45pm	Wellbeing session @Tesco community centre 1.30 to 3.30pm	
Sat	Yoga @ Tesco Community centre 10 to 11am			

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