

Cathays High School PE Kit

Due to the size of our site, some lessons take place off site at local sports facilities. PE will take place outdoors throughout the year. Plain black/navy PE kit can be purchased in any shop.

Items with the Cathays High School Branding are available from YC Sports.

Compulsory Items		
	<i>EITHER</i>	
T-shirt	Plain Black or Navy t-shirt or polo shirt	Cathays High t-shirt or polo shirt
Loose football-style shorts, skort, leggings or joggers	Plain Black or Navy shorts, skort, leggings or joggers	Cathays High shorts, skort, leggings
Footwear	Any trainers with a good grip are acceptable for most sports. For health & safety reasons, pupils who use Heath Park in the winter will need studded boots for additional grip. The table below shows which pupils use Heath Park.	
Optional Additional Items		
Long sleeve baselayer	Plain Black or Navy baselayer	Cathays High Baselayer
Sports socks	Plain Black or Navy socks	Cathays High socks
Long sleeve thick rugby-style jersey top (<i>advised for contact sports</i>)	Plain Black or Navy rugby-style jersey top	Cathays High Baselayer rugby-style jersey top

No hoodies. Jumpers with hoods are a health and safety risk.

No sports branded clothing items eg. Nike, Adidas, etc. The only exception to this is footwear.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Girls	Netball, Gymnastics, Dance Football, Basketball, Badminton (Talybont - Indoors/3G)	Netball, Gymnastics, Dance Football, Basketball, Badminton (Talybont - Indoors/3G)	Netball, Gymnastics, Dance Football, Basketball, Badminton (Talybont - Indoors/3G)	Fitness	Baseball, Cricket and athletics (Heath Park)	Baseball, Cricket and Athletics (Heath Park)
Boys	Basketball, Fitness, Gymnastics Rugby (Heath Park - studded boots needed)	Basketball, Fitness, Gymnastics Rugby (Heath Park - studded boots needed)	Basketball, Fitness, Gymnastics Football (Heath Park - studded boots needed)	Fitness	Baseball, Cricket and athletics (Heath Park)	Baseball, Cricket and Athletics (Heath Park)

Images of Compulsory Items



Images of optional Additional Items

